

Primary ASA (Monday)							
Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Primary School Advance Swimming	Monday	15:00- 17.00	G2-5	Mixed	Matt Dang Alexa Kern Agnieszka Dumala	Swimming pool	Advance swimming development, swimmers need to be able to swim 25m without stopping and understand this is a competitive setting. A bus will depart from BIS at 15:00 and take the children to the pool. Parents will be asked to collect their child(ren) from the pool at 16:40 or from BIS at 17.00.
Play2Learn@BIS Afternoon Club	Monday	16:00-18:00	EC-5	Mixed	Lara Varner	Primary Classroom	After school care for working parents Please contact (play2learn.afterschool@gmail.com) for more information and costing
1-2 Girls Football	Monday	16.10 - 17.30	G1-2	Female	Catalina H Stone	old gym 1	Develop football skills in a fun environment. Lots of game time.
3-5 Girls Football	Monday	16.10 - 17.30	G3-5	Female	Catalina H Stone	old gym 2	Develop football skills in a fun environment. Lots of game time.
Arts & Crafts	Monday	16.10 - 17.30	EC1-EC2	Mixed	Monica Letts-Folger	EC Purple Room	Let's use our hands to create loads of fun things with paper, scissors, glue and much, much more!
Irish Dancing	Monday	16.10 - 17.30	G1-5	Mixed	Kelly Bozic	Upper Gym 1	Irish Dancing
Brownies	Monday	16:10-17:25	G4-5	Girls	Julia Fuchs / Stephanie Zeckser	Primary School Library	"Brownies is a programme that is part of the Girlguiding UK organisation and the World Association of Girl Guides and Girl Scouts. The programme provides an opportunity for girls to build confidence, learn new skills, try new things, and build friendships. Through weekly meetings, occasional weekend family days, special events, and perhaps an end-of-the-year sleepover camp. Brownies are invited to learn new hobbies, explore other cultures and their own, and have lots of adventures. As both leaders are new to Brownies, we will only offer Brownies to Grade 4-5 girls. We may expand the programme to younger grades in the future. Membership = 100 Euro "
Secondary ASA (Monday)							
Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Beggins Jazz band	Monday	13.30 - 14.00	G6-12	Mixed	Tim Collins	Music Room	Would you like to play Jazz with a professional Jazz musician? If so come along and join Vibraphonist extraordinary Mr. Tim Collins as he leads students to explore their inner cool person.
BIS Philharmonic	Monday	13.30 - 14.00	G6-12	Mixed	Kevin King	Mr. King's Music Room	BIS Philharmonic is for students who play any instrument at any level. We play music from Classical to Modern Soundtracks and Jazz.
Amnesty group	Monday	13.30 - 14.00	G9-12	Mixed	Tia Martin / Henni Letschert	MP6	for G9-12 students interested in human rights issues. We research, present and discuss current issues such as arms control, the death penalty, freedom of conscience, and we take action when we can such as by awareness-raising, campaigning, writing letters and attending an international conference.
The Calisthenics Project	Monday	13.30 - 14.00	G9-12	Mixed	Ms Morris	Library Meeting Room	Planning, research, development and proposal writing project with the aim to build a Calisthenics fitness park for the school and local community.
Duke of Edinburgh International Award (Bronze) No Sign Up Finalsite	Monday	16.10 - 17.30	G8-12	Mixed	Peter Weinig	MP4	The Duke of Edinburgh's International Award is an exciting self development programme which encourages participants to become more independent, take up responsibility and take part in activities students would often not do in their every day life. It asks students to commit some of their time every week to work on their Award goals. Broadly speaking, the Award consists of 2 different parts, the Expedition Section as well as the Activity Section. 1.Arguably the most exciting part of the Award is the Expedition Section. It encourages a sense of adventure and discovery whilst undertaking a team expedition. As part of a small team, participants plan, train for and undertake a journey with a purpose in an unfamiliar environment. The aim of this section is to provide participants with the opportunity to learn more about the wider environment, as well as to develop their self-confidence and team work. Participants are taken out of their comfort zone but kept within a safe and secure setting, achieved through suitable training and supervision. At BIS, the expedition training is mostly Mondays during the ASA slot. A day hike, overnight school camp, practice expedition and the final expedition are all part of the process. The main dates students need to be available are the 2 expeditions. 2.The Activity Section consists of the three different activities, namely Service, Skills and Physical Recreation. For each section, students choose an activity which they then have to spend an hour every week on. These activities can be done within BIS (for example through the ASA programme) or in the students' home community (for example by joining a local sports club). There is no set maximum time limit for finishing these activities, giving students flexibility with their time management and enabling them to undertake their chosen activities when convenient.
Fitness training	Monday	16.10 - 17.30	G9-12	Mixed	Corneliu Roibu	Fitness studio	This class is an all-inclusive, dynamic, and multifaceted afterschool activity designed to improve your overall fitness level; including strength and flexibility with different workouts which use resistance and body-weight training, cardio, plyometrics, ab work, martial arts, yoga, and more! Student Expectations and Safety Rules will be introduced during the first session Instructor: Mr. Roibu
Prima Voce	Monday	16.10 - 17.30	G10-12	Mixed	Kevin King	Mr. Kings music room	-

Drone Building	Monday	16.10 - 17.30	G6-10	Mixed	Rob Clements	225	Airneers drone racing club. Work in teams to design and build a racing drone which you will then learn to fly.
G9-11 Girls Volleyball Skills	Monday	16.10 - 17.30	G9-11	Female	Alexis Liesman	New Gym 3	Designed for beginners, the focus of trainings will be to learn the skills of volleyball: passing, setting, serving, and spiking/hitting; little emphasis on game play.
Middle School Play Production	Monday	16.10 - 17.30	G6-8	Mixed	Isabel Moraes & Holly Mitchel	Auditorium	Middle School Play Production
Varsity Boys Basketball	Monday	16.10 - 17.30	G9-12	Male	Melissa Bailey	New gym 1 (Mon) New Gym 3 (Thur)	Competitive high school basketball
JV Basketball	Monday	16.10 - 17.30	G9 - 12	Male	Robert MacSwain	New Gym 2 (Mon) Old Gym 2(Fri)	Students will be instructed in the basic team offensive and defensive strategies and improve their shooting, passing, dribbling and rebounding skills.
Prima Voce	Monday	16.10 - 17.30	G9-12	Mixed	Kevin King	Music Room A 127	BIS's Premier Secondary School (9-12) Choral ensemble. All students (9-12) who wish to sing are welcome to attend.
Art Club	Monday	16.10 - 17.30	G6-12	Mixed	Sarah Proudler	Art Room Schloss	This is an opportunity for students to develop their artistic skills, and can either try a new activity in the arts field or develop personal interests further. Students are welcome to bring their ideas, and work from these. No previous skills are necessary, everyone can make art!
Winter Running Club	Monday	16.10 - 17.30	G6-12	Mixed	Makenzie Wright / Jayna Dahya	Outside in Haimhausen	Join us for some fun runs around the Haimhausen community!
Bebras coding club	Monday	16.10 - 17.30	G6-10	Mixed	Richard Stevenson	WP1	After school coding club to prepare students for the second round of the Bebras coding competition in March 2019. However, any student with an interest in coding in grades 6 to 10 can join.
Rowing (Winter edition)	Monday	16.10 - 17.30	G7-12	Mixed	Katrin Sydlik / Melissa van Den anker	Monday - Oberschleißheim, Thursday - Haimhausen (Gym)	For the winter rowing program we will try to row on Mondays as much as the weather (the facilities are only closed if there is ice on the water) and daylight allows. We also have access to rowing machines for the colder days. On Thursdays we will meet in Haimhausen and use the gym to work out (circuits and games). Therefore, this ASA is aimed much more on working on rowing technique and staying in shape over the winter season with cross-training aerobics. Coaches will Inform parents of cost
Girls Scouts	Monday	16.10 - 17.30	G6-12	Female	Bridget Hooser	Secondary Library	Just for Girls!! Girl Scouting is for every girl, everywhere—where today's girls can become tomorrow's leaders. Membership in Girl Scouts is open to girls in grades 6-12. There is so much fun to be had – singing songs, crafts, outdoor activities, going camping, and just feeling included, while we earn badges and display proudly all that we have accomplished! *This is a sister organization to the current Girl Guide Brownie troop that is offered. This group will be sponsored by the USA Girl Scout Council of Munich. Yearly cost 130Euros A Girl Scout Vest cost 40 Euros Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
Theater Gang	Monday	19:30 - 22:30	G10-12	Mixed	Doris Kempa (German teacher)	In Munich	We are collaborating with Munich's Theaterjugendring (www.theaterjugendring.de) who provide students monthly theatre tickets to a wide range of Munich's theatres. We are planning five theatre visits between October 2018 and March 2019. The cost per student participating in this club is 65 EUR. Please ask Ms Kempa for more information.

Primary ASA (Tuesday)

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Swimming	Tuesday	7-8 am	G2-12	Mixed	Chrissie Sorenson Agnieszka Dumala	Hallenbad Oberschleissheim	This is a competitive swim squad, not a learn-to-swim club. Participants must be able to swim at least 25 m without stopping. BIS Lions swim caps and swim costumes available for purchase
Play2Learn@BIS Afternoon Club	Tuesday	16:00-18:00	EC-5	Mixed	Lara Varner	Primary Classroom	After school care for working parents Please contact (play2learn.afterschool@gmail.com) for more information and costing
ECO AGENTS G3-5	Tuesday	16.10 - 17.30	G3-5	Mixed	Andi Pichler	1JJ (Room 020)	Our school is working towards becoming an "Eco School" and in order to reach that goal various environmental relevant standards need to be fulfilled. To make this happen we will look into different areas like waste management (especially plastic and recycling), healthy drinks and healthy eating or animals and plants inside our school grounds and the surrounding area and come up with ideas/actions how to start/improve and spread initiatives throughout school to help the planet.
Drawing and coloring	Tuesday	16.10 - 17.30	G3-5	Mixed	Julia Fuchs	018 (1KJ)	Students will improve their artistic skills by working on various projects using different drawing techniques. Each week will focus on a different element of drawing. Let out your creative side in a relaxed and fun environment!
Grade 3-5 Basketball	Tuesday	16.10 - 17.30	G3-5	Mixed	Richard Jermyn	Old Gym	Basketball ASA - we learn and practise passes, shooting, defence, different tricks, rules and play games in each sessions. Students in this activity are expected to have enthusiasm for ball games and be sportmanlike.
KQMEI - Movement Experience	Tuesday	16.10 - 17.30	G5-7	Mixed	Andreas Wagner (external)	Upper Gym 1	KQMEI is born from the idea that if kids learn to move naturally, retain and develop this ability early in their life, they will benefit their entire lives - they will learn any kind of sport or exercise faster, better and more safely. Prevent injuries and develop a self-awareness of a natural mover. The basics are based on the concepts Skills and Balance, Flexibility and Mobility, Strength and Stamina as well as Concentration and Willpower. The kids will expect a world of movement: <ul style="list-style-type: none"> - Flipping & Tricking - Sword & Martial Arts - Skills & Balance - Concentration & Willpower These four areas are combined in a way that is so far unique and guarantees fun and success. For older grades we focus a lot more on actual skills and take games out of the practice. 10 Euro per session (13 sessions x 10 Euro = 130 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.

Secondary ASA (Tuesday)

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Swimming	Tuesday	7-8 am	G2-12	Mixed	Chrissie Sorenson Agnieszka Dumala	Hallenbad Oberschleissheim	This is a competitive swim squad, not a learn-to-swim club. Participants must be able to swim at least 25 m without stopping. BIS Lions swim caps and swim costumes available for purchase
BIS Student Media Grp (Lions' Chronicle and photography club)	Tuesday	13.30 - 14.00	G6-12	Mixed	Tia Martin	MP6	BSMG encourages journalistic and artistic skills by producing a monthly newspaper of school, local and current events and developing artistic and documentary photography skills. photographers need their own equipment.
Men's Lunchtime Chorus	Tuesday	13.30 - 14.00	G9-12	Male	Kevin King	Mr. King's Music Room	Do you like the golden 20s? Barbershop? Russian drinking songs? Then join the new BIS Men's Chorus (new name coming).

One Voice' Choir	Tuesday	13.30 - 14.00	G6-8	Mixed	Judith Clements	Music Rooms	<p>Weekly lunch time rehearsals and EP sessions. The middle school choir is a fun Service as Action activity which gives students the opportunity to work towards performances at school assemblies, concerts and annual PTO events.</p> <p>This year 'One Voice' will be offered to students as part of the 'Service as Action' program. It will also be part of the Secondary Enrichment Programme which operates on Friday mornings on alternate assembly slots. Students will rehearse music over the course of the year and offer their 'service' to the BIS and wider community by performing at various events.</p> <p>Please note, that although students should sign up as per the ASA sign up system (and Service as Action sign-up) this activity will run for the entire school year and students need to commit to it as such.</p>
Varsity Girls Basketball	Tuesday	16.10 - 17.30	G9-12	Girls	Erin Foley	New Gym 2	Competitive high school basketball
U14 Basketball	Tuesday	16.10 - 17.30	G6-8	Male	Mr. O'Neill	New Gym 1 / Old Gym	Students will have the opportunity to play controlled scrimmages with one on one instructions. Emphasis is on participation and having fun.
U 14 Boys Pre Season Volleyball	Tuesday	16.10 - 17.30	G6-8	Male	Catalina H Stone	New Gym 3	Pre season to develop volleyball skills.
Yearbook	Tuesday	16.10 - 17.30	G6-12	Mixed	Kim House/Jayna Dahya	PS 109	<p>Would you like to help design the 2018/19 yearbook? Come learn about graphic design principles and use professional software to create amazing pages for our yearbook. You will work as part of a team to come up with our theme and design as well as individual page design and layout. This activity is already FULL. We cannot accept new members. But students who were in season 1 should sign up for season 2. This activity runs from September to April 2019.</p>
Middle School Play Production	Tuesday	16.10 - 17.30	G6-8	Mixed	Isabel Moraes & Holly Mitchel	Auditorium	Middle School Play Production
U14 Girls Basketball	Tuesday	16.10 - 17.30	G6-8	Female	Aaron Kalms	Old Gym	U14 girls basketball will teach girls the individual fundamentals of playing basketball and teach the team how to play basketball as a team. We will have friendly competitions during the season & will end with our GISST tournament.
Theater Gang	Tuesday	19:30 - 22:30	G10-12	Mixed	Doris Kempa (German teacher)	In Munich	We are collaborating with Munich's Theaterjugendring (www.theaterjugendring.de) who provide students monthly theatre tickets to a wide range of Munich's theatres. We are planning five theatre visits between October 2018 and March 2019. The cost per student participating in this club is 65 EUR. Please ask Ms Kempa for more information.

Primary ASA (Wednesday)

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Play2Learn@BIS Afternoon Club	Wednesday	16:00-18:00	EC-5	Mixed	Lara Varnar	Primary Classroom	After school care for working parents Please contact (play2learn.afterschool@gmail.com) for more information and costing
Cub Scouts	Wednesday	16.10 - 17.30	G2-G5	Boys	Yvonne El Danaf / Sarah Lott	Canteen	Based on different topics such as hiking, nature, sports, science, Citizenship, firstaid and more adventures are earned as a cub scout advances toward their badge of It is Fun for the whole family. Family participation with badge advancement is encouraged + expected with at home projects to complete. Some weekend participation options would include pinewood derby, camping, hiking trips & Museum visits This ASA will not start until 9th January 130 euros yearly registration fees & 65 euros for anyone new comers into the den. Shirt, Hat, Belt & Neckerchief (50 Euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
Zumba & Show Dancing	Wednesday	16.10 - 17.30	G3-6	Mixed	Castro Dokyi	Upper Gym 1	Focus on learning musicality, rhythm and self expression through dancing and fun. 5 Euro per session (13 sessions x 5 Euro = 65 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
RebelLIONS: junior roller derby league	Wednesday	16.10 - 17.30	G4-12	Mixed	Elizabeth King	Old Gym 1+2	Junior Roller Derby is a full contact sport for boys and girls ages 10-17. Only returning skaters, please. Junior Derby session 2 will begin on Wednesday, 10 January, 2019. Any questions, please contact me. e.king@bis-school.com If you wish to begin roller derby as a new skater, no experience is required, but we do ask that you join in Session 1, please. Wear your PE kit. No street clothes. Quad skates, elbow pads, knee pads, wrist guards, mouth guard, skate helmet. Bring a water bottle.

Secondary ASA (Wednesday)

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
BIS Philharmonic	Wednesday	13.30 - 14.00	G6-12	Mixed	Kevin King	Mr. King's Music Room	BIS Philharmonic is for students who play any instrument at any level. We play music from Classical to Modern Soundtracks and Jazz.
The Green Team	Wednesday	13.30 - 14.00	G6-12	Mixed	Ms Morris	Library Meeting Room	Part of the Eco-Schools Programme - students will develop action plans and make changes within the school, working towards attaining the Green Flag Award for BIS.
U14 & Varsity Badminton	Wednesday	16.10 - 17.30	G6-12	Mixed	Knud Thomsen / Jorge Javier Morris	New Gym	
Duke of Edinburgh International Award (Silver) No Sign Up Finalsite	Wednesday	16.10 - 17.30	G8-12	Mixed	Peter Weinig	MP4	The Duke of Edinburgh's International Award is an exciting self development programme which encourages participants to become more independent, take up responsibility and take part in activities students would often not do in their every day life. It asks students to commit some of their time every week to work on their Award goals. Broadly speaking, the Award consists of 2 different parts, the Expedition Section as well as the Activity Section. 1. Arguably the most exciting part of the Award is the Expedition Section. It encourages a sense of adventure and discovery whilst undertaking a team expedition. As part of a small team, participants plan, train for and undertake a journey with a purpose in an unfamiliar environment. The aim of this section is to provide participants with the opportunity to learn more about the wider environment, as well as to develop their self-confidence and team work. Participants are taken out of their comfort zone but kept within a safe and secure setting, achieved through suitable training and supervision. At BIS, the expedition training is mostly Mondays during the ASA slot. A day hike, overnight school camp, practice expedition and the final expedition are all part of the process. The main dates students need to be available are the 2 expeditions. 2. The Activity Section consists of the three different activities, namely Service, Skills and Physical Recreation. For each section, students choose an activity which they then have to spend an hour every week on. These activities can be done within BIS (for example through the ASA programme) or in the students' home community (for example by joining a local sports club). There is no set maximum time limit for finishing these activities, giving students flexibility with their time management and enabling them to undertake their chosen activities when convenient. Parent information session in September, enrolment afterwards, first ASA classes for outdoor training in February 2019 followed by different expeditions.
Zumba & Show Dancing	Wednesday	16.10 - 17.30	G3-6	Mixed	Castro Dokyi	Upper Gym 1	Focus on learning musicality, rhythm and self expression through dancing and fun. 5 Euro per session (13 sessions x 5 Euro = 65 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.

RebelLIONS: junior roller derby league	Wednesday	16.10 - 17.30	G4-12	Mixed	Elizabeth King	Old Gym 1+2	<p>Junior Roller Derby is a full contact sport for boys and girls ages 10-17. Only returning skaters, please.</p> <p>Junior Derby session 2 will begin on Wednesday, 10 January, 2019. Any questions, please contact me. e.king@bis-school.com</p> <p>If you wish to begin roller derby as a new skater, no experience is required, but we do ask that you join in Session 1, please.</p> <p>Wear your PE kit. No street clothes. Quad skates, elbow pads, knee pads, wrist guards, mouth guard, skate helmet. Bring a water bottle.</p>
Martial Arts	Wednesday	16.10 - 17.30	G7-12	Mixed	Andreas Kiening (External)	Weights Room	<p>I will be teaching Elements of Boxing, Thaiboxing, Wrestling and jiu jitsu For both aspects of fitness development and Personal development.</p> <p>6 Euro per session (13 sessions x 6 Euro = 78 euro)</p> <p>Please put the total amount due in an envelope with your son / daughters name & Grade on the front.</p>
Theater Gang	Wednesday	19:30 - 22:30	G10-12	Mixed	Doris Kempa (German teacher)	In Munich	<p>We are collaborating with Munich's Theaterjugendring (www.theaterjugendring.de) who provide students monthly theatre tickets to a wide range of Munich's theatres. We are planning five theatre visits between October 2018 and March 2019. The cost per student participating in this club is 65 EUR. Please ask Ms Kempa for more information.</p>

Primary ASA (Thursday)

Activity Name	Day	Time	Location	Grade	Gender	Teacher	Description
Swimming	Thursday	7-8 am	G2-12	Mixed	Chrissie Sorenson Agnieszka Dumala	Hallenbad Oberschleissheim	This is a competitive swim squad, not a learn-to-swim club. Participants must be able to swim at least 25 m without stopping. BIS Lions swim caps and swim costumes available for purchase
Sewing by hand and machine	Thursday	16.10 - 17.30	G3-5	Mixed	Deborah Lee	Room 219	Learn how to sew by hand and use a sewing machine and develop your skills to make useful and decorative items.
KQMEI - Movement Experience	Thursday	16.10 - 17.30	G2-4	Mixed	Andreas Wagner (external)	Upper Gym 1	KQMEI is born from the idea that if kids learn to move naturally, retain and develop this ability early in their life, they will benefit their entire lives - they will learn any kind of sport or exercise faster, better and more safely. Prevent injuries and develop a self-awareness of a natural mover. The basics are based on the concepts Skills and Balance, Flexibility and Mobility, Strength and Stamina as well as Concentration and Willpower. The kids will expect a world of movement: <ul style="list-style-type: none">- Flipping & Tricking- Sword & Martial Arts- Skills & Balance- Concentration & Willpower These four areas are combined in a way that is so far unique and guarantees fun and success. For the earlier grades we will play a lot of games and give the children a lot of room for creativity and play time. 10 Euro per session (13 sessions x 10 Euro = 130 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
Play2Learn@BIS Afternoon Club	Thursday	16:00-18:00	EC-5	Mixed	Lara Varner	Primary Classroom	After school care for working parents Please contact (play2learn.afterschool@gmail.com) for more information and costing
Yoga for Every Body	Thursday	16.10 - 17.30	G5-12	Mixed	Alicia Fenney	Sport Science Classroom	Ms Fenney teaches the basics of yoga including breathing for relaxation, cardio/strength-building, flexibility and balance. Whether you are looking for a supplement to another sport, or something to keep you moving in the off-season, you'll learn that yoga is for every body. When you need more relaxation before a stressful assessment or more cardio after a lazy holiday, Ms Fenney will teach you how to modify your practice to suit your body and your mood. Mats provided. Students are welcome to try out a few sessions before committing. Email a.fenney@bis-school.com for options.
Acrobatics	Thursday	16.10 - 17.30	G3-10	Female	Agnieszka Dumala	New Gym 1	Acrobatics: partners of gymnasts work together to create a routine (dynamic and static elements)

Secondary ASA (Thursday)

Activity Name	Day	Time	Location	Grade	Gender	Teacher	Description
Swimming	Thursday	7-8 am	G2-12	Mixed	Chrissie Sorenson Agnieszka Dumala	Hallenbad Oberschleissheim	This is a competitive swim squad, not a learn-to-swim club. Participants must be able to swim at least 25 m without stopping. BIS Lions swim caps and swim costumes available for purchase
Spirit Committee	Thursday	13.30 - 14.00	G6-8	Mixed	Alicia Fenney	MP3	A committee of motivated students who want to plan fun events for students at BIS. Potential events: after school parties, school sleepovers, spirit/costume weeks, fun-and-games field day, class competitions (house points, e.g.), organized lunchtime games (class versus class or student versus staff).
BIS Student Media Grp (Lions' Chronicle and photography club)	Thursday	13.30 - 14.00	G6-12	Mixed	Tia Martin	MP6	BSMG encourages journalistic and artistic skills by producing a monthly newspaper of school, local and current events and developing artistic and documentary photography skills. Photographers need their own equipment.
Advanced Jazz band	Thursday	13.30 - 14.00	G6-12	Mixed	Tim Collins	Music Room	Would you like to play Jazz with a professional Jazz musician? If so come along and join Vibraphonist extraordinary Mr. Tim Collins as he leads students to explore their inner cool person.
GSA (Gay-Straight-Alliance) club	Thursday	13.30 - 14.00	G6-12	Mixed	Makenzie Wright	Schloss 110	A Gay-Straight Alliance (GSA) is a student-run club that provides a safe place for students to meet, discuss, and educate others about lesbian, gay, bisexual, transgender, and queer or questioning (LGBTQ) issues. Everyone is welcome! This includes: LGBTQ students, students with LGBTQ family or friends, straight allies, and supporters. You don't have to be LGBTQ to attend. If you are interested, have any queries or just want to listen, then come by.

Men's Lunchtime Chorus	Thursday	13.30 - 14.00	G9-12	Male	Kevin King	Mr. King's Music Room	Do you like the golden 20s? Barbershop? Russian drinking songs? Then join the new BIS Men's Chorus (new name coming).
Varsity Girls Basketball	Thursday	16.10 - 17.30	G9-12	Girls	Erin Foley	New Gym 2	Competitive high school basketball
U14 Basketball	Thursday	16.10 - 17.30	G6-8	Male	Mr. O'Neill	New Gym 1 / Old Gym	Students will have the opportunity to play controlled scrimmages with one on one instructions. Emphasis is on participation and having fun.
Acrobatics	Thursday	16.10 - 17.30	G3-10	Female	Agnieszka Dumala	New Gym 1	Acrobatics: partners of gymnasts work together to create a routine (dynamic and static elements)
Middle School Play Production	Thursday	16.10 - 17.30	G6-8	Mixed	Isabel Moraes & Holly Mitchel	Auditorium	Middle School Play Production
Varsity Boys Basketball	Thursday	16.10 - 17.30	G9-12	Male	Melissa Bailey	New gym 1 (Mon) New Gym 3 (Thur)	Competitive high school basketball
Winter Running Club	Thursday	16.10 - 17.30	G6-12	Mixed	Makenzie Wright / Jayna Dahya	Outside in Haimhausen	Join us for some fun runs around the Haimhausen community!
U14 Girls Basketball	Thursday	16.10 - 17.30	G6-8	Female	Aaron Kalms	Old Gym	U14 girls basketball will teach girls the individual fundamentals of playing basketball and teach the team how to play basketball as a team. We will have friendly competitions during the season & will end with our GISST tournament.
SkiFit Dry-land Training	Thursday	16.10 - 17.30	G5-12	Mixed	Cata Stone Jerry Nicol	Upper Gym 2	<p style="text-align: center;">SkiFit Dry-land Training</p> SkiFit is weekly dry-land training programme designed to physically prepare members of our Alpine Ski Race Team and to help them better understand the finer points of ski racing. The ASA is open to all students with preference being offered to members of the BIS Alpine Ski Race Team. Members of the BIS Alpine Ski Race Team will need to attend 70% of the sessions to qualify for participation in the Hauser Kaibling and Seefeld ski race weekend.
Rowing (Winter edition)	Thursday	16.10 - 17.30	G7-12	Mixed	Katrin Sydlik / Melissa van Den anker	Oberschleißheim (Monday) Fitness Room (Thursday)	<p>For the winter rowing program we will try to row on Mondays as much as the weather (the facilities are only closed if there is ice on the water) and daylight allows. We also have access to rowing machines for the colder days. On Thursdays we will meet in Haimhausen and use the gym to work out (circuits and games). Therefore, this ASA is aimed much more on working on rowing technique and staying in shape over the winter season with cross-training aerobics. Please wear proper exercise clothing for outdoor winter workouts (adjustable layers is recommended). Coaches will Inform parents of cost</p> <p>A bus will take students to Oberschleißheim (Monday's) but parents need to pick up at the rowing course at 17:30.</p> <p style="text-align: center;">This ASA will start on Thursday, December 13.</p>
Yoga for Every Body	Thursday	16.10 - 17.30	G5-12	Mixed	Alicia Fenney	Sport Science Classroom	<p>Ms Fenney teaches the basics of yoga including breathing for relaxation, cardio/strength-building, flexibility and balance. Whether you are looking for a supplement to another sport, or something to keep you moving in the off-season, you'll learn that yoga is for every body. When you need more relaxation before a stressful assessment or more cardio after a lazy holiday, Ms Fenney will teach you how to modify your practice to suit your body and your mood.</p> <p>Mats provided. Students are welcome to try out a few sessions before committing. Email a.fenney@bis-school.com for options.</p>
Alchemy in a test tube	Thursday	16.10 - 17.30	G6-7	Mixed	Dr O'Keeffe	Chemistry lab room 207	<p>This hands on activity will be based around exploring interesting chemistry in a safe environment.</p> <p>Lab coat and safety glasses provided must be worn.</p>
Theater Gang	Thursday	19:30 - 22:30	G10-12	Mixed	Doris Kempa (German teacher)	In Munich	<p>We are collaborating with Munich's Theaterjugendring (www.theaterjugendring.de) who provide students monthly theatre tickets to a wide range of Munich's theatres. We are planning five theatre visits between October 2018 and March 2019. The cost per student participating in this club is 65 EUR. Please ask Ms Kempa for more information.</p>

Primary ASA (Friday)

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Swimming	Friday	7-8 am	G2-12	Mixed	Chrissie Sorenson Alexa Kern	Hallenbad Oberschleissheim	This is a competitive swim squad, not a learn-to-swim club. Participants must be able to swim at least 25 m without stopping. BIS Lions swim caps and swim costumes available for purchase
Song and dance choir	Friday	14.30 - 15.45	G 2-5	Mixed	Judith Clements	Music Rooms	Does your child love to sing? Would they like to work towards fun performances for the school community? This lower/middle school choir opportunity is a chance for students across both sections of the school to work together to create music! The students will rehearse simple musical theatre style choir material and add some fun movements. A fun activity for budding Musical Theatre stars.
Grade 3-5 Boys Football	Friday	14.30 - 15.45	G3-5	Boys	Andi Pichler	Old gym 1	A bit of practice and a lot of game time.
Arts and crafts	Friday	14.30 - 15.45	G1	Mixed	Saray García Hernández	19	This is a great opportunity for children to discover different ways of making art
Play2Learn@BIS Afternoon Club	Friday	14:30-16:00	EC-5	Mixed	Lara Varner	Primary Classroom	After school care for working parents Please contact (play2learn.afterschool@gmail.com) for more information and costing
G1-2 Football	Friday	14.30 - 15.30	G1-2	Mixed	Mark Jeffery	New Gym 2	Soccer training following Brazilian coaching practices. Concentrating on skills, team work and enthusing healthy competition. No Dress's for the girls. Ideally all in shorts and sports top. When outside football boots. Indoor sport shoes when in the gym. Always bring a bottle of water and an item of fruit such as a banana or orange/apple. As we always have a water break.
EC Football	Friday	14.30 - 15.30	EC1 - EC2	Mixed	Andreas Kiening (External)	New Gym 1	The Training will be set up in a playful game orientated manner to ensure the children have fun while learning the fundamentals of the sport. Please bring both indoor and outdoor kit 6 Euro per session (13 sessions x 6 Euro = 78 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
Ballet G4-6	Friday	14.30 - 15.30	G4-6	Female	Mrs. Aileen Klarmann	new Upper Gym 2	I base my teaching on the syllabus of the Royal Academy of Dance London. with the possibility of taking exams or participating in events at the school. This ASA is not for beginners, students at least need one year of experience I would like students to stay till the end of the school year if possible. No new registration in the 3rd season. 9 Euro per session (13 sessions x 9 Euro = 117 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
Ballet G1-3	Friday	14.30 - 15.30	G1-3	Female	Miss/Fr Bernhardt.	New Upper Gym 1	I base my teaching on the syllabus of the Royal Academy of Dance London. with the possibility of taking exams or participating in events at the school. This ASA is not for beginners, students at least need one year of experience I would like students to stay till the end of the school year if possible. No new registration in the 3rd season. 9 Euro per session (13 sessions x 9 Euro = 117 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.

Secondary ASA (Friday)

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Swimming	Friday	7-8 am	G2-12	Mixed	Chrissie Sorenson Alexa Kern	Hallenbad Oberschleissheim	This is a competitive swim squad, not a learn-to-swim club. Participants must be able to swim at least 25 m without stopping. BIS Lions swim caps and swim costumes available for purchase
MUN	Friday	11:40 - 12:35	G9-12	Mixed	S. Kropman	M105	Model United Nations helping students gain public speaking skills and participating in debates and speeches about global political events.

Japanese For Beginners	Friday	14.30 - 15.30	G6-12	Mixed	Wakako Katsube (Parent)	Secondary School Library	Let's enjoy basic Japanese conversation in a small group! You will also learn how to read and write basic Japanese characters (46 hiragana letters and a few kanji/Chinese characters). Please purchase the following textbook and bring it to each session: "Japanese for Young People I: Student Book" (Tokyo: Kodansha International, 2012)
U14 Girls Preseason Volleyball	Friday	14.30 - 15.45	G6-8	Female	Alexis Liesman	New Gym 3	Learn and develop the fundamental skills of volleyball in preparation for the Spring season.
Young Engineers	Friday	14.30 - 15.45	G6-12	Mixed	Kim Kernath & Robert Clements	Design rooms - meeting in 225	The Young Engineers Technology club is ideal for anyone who likes to be creative and inventive! This ASA will give you the opportunity to develop your problem solving skills and have great fun at the same time. This club is your opportunity to use High-Tech equipment such as 3D printers as well as develop your practical skills in the workshop! There will be a range of projects on offer! See Mr Clements for more information. There is no cost for this club. Participants will need to bring their laptops for using the 3D printer. r. clements@bis-school.com
JV Basketball	Friday	14.30 - 15.45	G9 - 12	Male	Robert MacSwain	New Gym 2 (Mon) Old Gym 2(Fri)	Students will be instructed in the basic team offensive and defensive strategies and improve their shooting, passing, dribbling and rebounding skills.
Rugby	Friday	14.30 - 15.45	G8-11	Male	Matt Dang	weight room + Track Field 1	Development in the sport of rugby, this is a contact sport and students will develop their physical ability and improve mentally as well. Sportswear, mouthguards, indoor running shoes and rugby boots
Ballet G4-6	Friday	14.30-15.30	G4-6	Female	Mrs. Aileen Klarmann	new Upper Gym 2	I base my teaching on the syllabus of the Royal Academy of Dance London. with the possibility of taking exams or participating in events at the school. This ASA is not for beginners, students at least need one year of experience I would like students to stay till the end of the school year if possible. No new registration in the 3rd season. 9 Euro per session (13 sessions x 9 Euro = 117 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
Ballet G7-9	Friday	15.30-16.45	G7-9	Female	Miss/Fr Bernhardt.	new Upper Gym 2	I base my teaching on the syllabus of the Royal Academy of Dance London. with the possibility of taking exams or participating in events at the school. This ASA is not for beginners, students at least need one year of experience I would like students to stay till the end of the school year if possible. No new registration in the 3rd season. 10 Euro per session (13 sessions x 10 Euro = 130 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.
Ballet G8-12	Friday	15.30-16.45	G8-12	Female	Mrs. Aileen Klarmann	new Upper Gym 2	I base my teaching on the syllabus of the Royal Academy of Dance London. with the possibility of taking exams or participating in events at the school. This ASA is not for beginners, students at least need one year of experience I would like students to stay till the end of the school year if possible. No new registration in the 3rd season. 10 Euro per session (13 sessions x 10 Euro = 130 euro) Please put the total amount due in an envelope with your son / daughters name & Grade on the front.

Primary ASA

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Gymnastics	Saturday	10:00 - 11:00	G2-5	Female	Michaela Ivak	New Gym	Gymnastics (exercises, tumbles) plus trampolining (tricks, jumps, vaulting)
Golf No Sign Up Finalsite	-	-	G1-12	Mixed	Henriette Schilling	Open 9	<p>"Please contact Open 9 directly:</p> <p style="text-align: center;">Henriette Schilling henriette.schilling@open9.de Tel: 08123 989 28 12</p> <p style="text-align: center;">The website is: www.open9.de</p> <p>1) Schnupperkurs for beginners (price depends on number of students) Naturally teachers are very welcome as well!</p> <p>2) Einsteigerkurs for students until 14 years 6 x 30 minutes single lesson with one of our Golfpros 159 EUR per person, clubs for the lesson are included)</p> <p>3) Individual single lesson (for beginners and advanced students) with one of our Golfpro Price: 25 minutes for 35 EUR; 50 minutes for 65 EUR</p> <p>4) The Driving Range Fee is for every student of BIS free!</p> <p>5) Greenfee for 9 holes for students Mo – Fr. : 15 EUR Weekend: 20 EUR Holidays: free!</p>

Secondary ASA

Activity Name	Day	Time	Grade	Gender	Teacher	Location	Description
Tennis No Sign Up Finalsite	-	-	G6-12	Mixed	Michel Gucek	Tennis Centre Oberschleißheim	<p>For our Exclusive Cooperation 15% for the indoor Court in the Wintertime and 15.- € per Person for a Tenniscourse at 4 Person Group. This special offer is for all Students and Staff from BIS. **Please contact the Tennis Center Directly via the emails provided below and mention that you are a BIS parent michel-gucek@tennis-center-oberschleissheim.de janine-lang@tennis-center-oberschleissheim.de</p> <p>Please note that this is an exclusive offer for BIS Students & Staff, however this is run directly with the Tennis Centre.</p>
Golf No Sign Up Finalsite	-	-	G1-12	Mixed	Henriette Schilling	Open 9	<p>"Please contact Open 9 directly:</p> <p style="text-align: center;">Henriette Schilling henriette.schilling@open9.de Tel: 08123 989 28 12</p> <p style="text-align: center;">The website is: www.open9.de</p> <p>1) Schnupperkurs for beginners (price depends on number of students) Naturally teachers are very welcome as well!</p> <p>2) Einsteigerkurs for students until 14 years 6 x 30 minutes single lesson with one of our Golfpros 159 EUR per person, clubs for the lesson are included)</p> <p>3) Individual single lesson (for beginners and advanced students) with one of our Golfpro Price: 25 minutes for 35 EUR; 50 minutes for 65 EUR</p> <p>4) The Driving Range Fee is for every student of BIS free!</p> <p>5) Greenfee for 9 holes for students Mo – Fr. : 15 EUR Weekend: 20 EUR Holidays: free!</p>

MUSIC LESSONS

Instrumental	EC-G12		Tim Collins	Between 9:10 - 17:30 as arranged with teacher/student	<p>Do you dream of your child being able to play and enjoy music, and even to have the confidence to perform? Did you know that this possibility is just at your fingertips?!</p> <p>There is a wonderful set of talented Instrumental teachers at BIS available and waiting to turn your children into musicians!</p>
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This could be the start of something magical for the future life of your son or daughter! Treat them to a very special present or set them off with an incredible new term's challenge. You could:

- Discover a hidden talent!
- Give your child that "added extra" that could make your child stand out to a future employer.
- Expand your child's mind! Music connects the Right and Left sides of the brain, opens synapses, develops the creative mind and cultural appreciation.
- It is a way of expression! Make sure your child has a healthy emotional outlet - a way to relax and be happy!
- Bring enjoyment and laughter to your child's life as they will be able to socialise and play music with others!

25 Euros per 30 min lesson

	Instrument	Details
Individual or group lessons depending on interest	Brass/Piano	Do you want your child to be BOLD as BRASS? Set them up for life! Choose from Trumpet, Horn, Baritone, Euphonium, Trombone or Tuba!
	Voice	Your child loves to sing? Choose from pop, jazz, musical or classical music. We learn how to breath, to sing, to perform - because we love to sing.
Students require an instrument to study with. A number of school instruments are available for hire. If the instrument of choice is not currently available, information of local suppliers can be provided. Please contact Tim Collins t.collins@bis-school.com for further information.	Violin	Learn the principal instrument of the orchestra - the Violin! Fabulous lessons for beginners through to advanced!
	Piano	Brilliant Piano lessons for all! From early beginners to more advanced students!
	Drums/Piano	Let's have fun playing some music! Available for drum lessons & beginner piano lessons.
	Guitar	Be it pop, rock, classical or jazz, acoustic or electric - it's fun to play guitar! Young singers who want to accompany themselves are most welcome.
	Woodwind	Enjoy playing a woodwind-instrument and learn with ease how to play Saxophone, Flute or clarinet! Let's make music!
	Piano	Would you love to learn the piano? Fun, friendly and wonderful lessons available for all.
	Violin	Learn to play the violin using the Suzuki method! I would also love to teach you folk music or whatever repertoire you prefer!
	Voice	Develop a new skill and build confidence through expression and creativity. Learn breath control as well as good vocal and performance technique.

Contact Tim Collins directly to register t.collins@bis-school.com